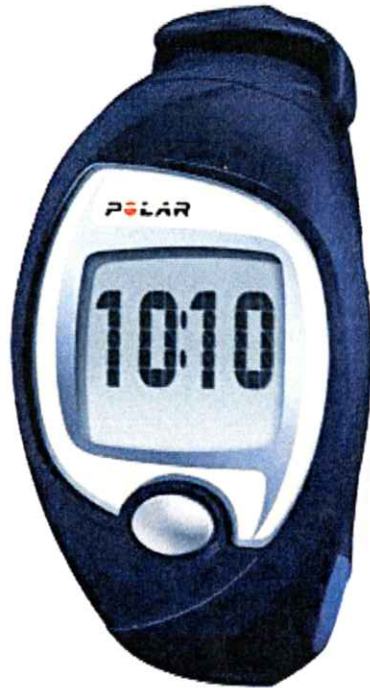


# Polar FS-1 Heart Rate Monitors

The Polar FS-1 heart rate monitor is an entry level heart rate monitor with basic features. Great for walkers, aerobics class, weight control and more.



Basic Fitness Heart Rate Monitor that is simple to operate. Ideal for walking, cycling, aerobics, swimming. Sporty design. In classic yellow or black. With an added watch feature, a new element on Polar's basic monitor, the Polar FS1 has extra large digits and one-button functionality for ease of use.

- New unique style, sporty heart rate monitor from Polar
- Ideal for all basic fitness programs.
- EKG accurate heart rate (bpm)
- Manual target zone
- Visual and audible alarm in target zone
- Extra large digits
- Water resistant to 50 meters
- Records exercise time and average heart rate of exercise session
- Watch with time of day
- Stopwatch
- Comfortable and shapely T31 chest transmitter and adjustable chest strap